



# May 2024

## Revere Public Schools MIDDLE SCHOOL MENU

### Feed Your Body ~ Feed your Mind

OFFERED EVERY DAY

Made to Order Chicken Sandwich Bar  
Or Grab n' Go Selection

Made to Order Tex-Mex Nacho Bar (V) (GF)  
Or Grab n' Go Selection

Made to Order Burger Bar  
Or Grab n' Go Selection  
Jammie (V)  
Sunbutter & Jelly Sandwich

Yogurt Banana Split Boat (V)  
Golden Banana topped with Yogurt, Granola, and Fresh Berries

Power Pack Bento Box (V) (GF)

Hummus Dipping Cup, Cheese Cubes, Baked Scoops, Baby Carrots Sticks/ Cucumber or Tomatoes

Crispy Chicken Salad  
Romaine, Shredded Carrots, Grape Tomato, Cucumber, & Shredded Cheese  
Served with a Whole Grain Snack

Deli Sandwich of the Day  
Tuna (V) or Turkey on a Bulky Roll or Wrap  
with Lettuce, Tomato & Cheese  
Served with a Whole Grain Snack

Fun Lunch Bento Box (V)  
Fruit Yogurt Cup, Cheese Cubes, Graham Crackers and Grapes

Nacho Kit (V)  
Cheese Dipping Cup, with a bag of Scoops and Salsa

Antipasto Bento Box  
Deli Wheels, Cheese Cubes, Crackers and Fresh Fruit

Fresh Fruit Parfait (V)

Every meal comes complete with Fruit, and Milk  
Fruit & Veggies May Include: Carrots, Cucumber, Tomatoes, Celery Sticks, Three Bean Salad, Fresh Fruit, Fruit Cups, Raisins, 100% Fruit Juice and more!

When possible, we will purchase locally and source out farm to table ingredients

Milk Choices Include:  
1% White  
Low-Fat Chocolate

MON	TUES	WED	THURS	FRI
<b>K- Kosher Item</b> <b>H- Halal Item</b> <b>V - Vegetarian Option</b> <b>GF- Gluten Free Option</b> <b>Breakfast &amp; Lunch - 1<sup>st</sup> Meal Is Free To All Students</b>				
		1 "Tex-Mex Tacos" Beef Taco Meat, Cheese, Shredded Lettuce and Salsa Two Soft Shell Tacos Mexi-Bean Salad Mixed Berry Fruit Cup Choice of Milk	2 "General Tso" Asian Popcorn Chicken Served Over Whole Grain Rice Steamed Fresh Broccoli Fresh Honeydew Fruit Choice of Milk	3 "Personal" Pan Pizza (V) Garden Salad Three Bean Salad Juicy Plump Grapes Choice of Milk
6 "Mouth Popping" Popcorn Chicken Boat Fluffy Whole Grain Rice Sweet Buttered Corn 100% Fruit Juice Choice of Milk	7 "Warm" Bagel, Egg & Cheese Sandwich (V) Crispy Potato Puffs Orange Smiles Choice of Milk	8 "Mama's" Meatball Parmesan Sub Served on a Whole Grain Roll Tomato Poppers Fresh Cantaloupe Choice of Milk	9 "Tex-Mex" Beef & Cheese Nachos Served with Shredded Lettuce and Salsa Optional (V) Celery Sticks Fresh Fruit Medley Choice of Milk	10 "Pizzeria Style" Slice of Pizza (V) Garden Side Salad Three Bean Salad Juicy Plump Grapes Choice of Milk
13 "Crispy" Chicken Tenders Corn Bread Poppers Sweet Buttered Corn Apple Slices Choice of Milk	14 "Yummy" Pizza Crunchers (V) Crispy Potato Puffs 100% Fruit Juice Choice of Milk	15 Early Release Day Grab & Go Prepared for you as you exit school	16 "From The Grill" Juicy Cheeseburger (H) On a Whole Grain Bun Crisp Baby Carrot Sticks Fresh Berry Cup Choice of Milk	17 "Pizzeria Style" Slice of Pizza (V) Garden Side Salad Three Bean Salad Juicy Plump Grapes Choice of Milk
20 "Jumbo" Chicken Bites Whole Grain Fluffy Rice Cucumber Coins Mandarin Orange Fruit Cup Choice of Milk	21 "Fishing Around" Crispy Fish Sticks Corn Bread Poppers (V) Crispy Potato Puffs Orange Smiles Choice of Milk	22 "Crispy" Chicken Filet Sandwich On a Whole Grain Bun Red Pepper Strips Fresh Fruit Salad Choice of Milk	23 "Ball Park Frank" All Beef Hot Dog (K) On a Whole Grain Bun Boston Baked Beans Fresh Pineapple Choice of Milk	24 "French Bread Pizza" (V) Baby Spinach Salad w/ Strawberries Three Bean Salad Fresh Cantaloupe Choice of Milk
27 No School Today	28 "Breakfast For Lunch" French Toast Sticks Maple Syrup Optional (V) Turkey Sausage Link Hash Brown Potato 100% Fruit Juice Choice of Milk	29 "Homemade" Macaroni & Cheese (V) Cucumber Coins w/ Hummus Dipping Cup Fresh Fruit Medley Choice of Milk	30 "Crispy" Chicken Tenders (H) Fluffy Whole Grain Rice Grape Tomato Poppers Fresh Honeydew Melon Choice of Milk	31 "Pizzeria Style" Slice of Pizza (V) Garden Side Salad Three Bean Salad Juicy Plump Grapes Choice of Milk

Menus are subject to change.

ENJOY FREE BREAKFAST EVERY DAY  
Our Daily Grab & Go Breakfast Includes:  
Whole Grain Items, ½ Cup of Fruit or 100% Fruit Juice  
Additional Fruit or Veggie Options  
and Fat-Free or 1% Milk Choice Are Available As Well  
Whole Grain Items Include - Muffins, Cereal, Cereal Bars, Breakfast Breads  
And A Variety of Whole Grain Snack Items  
Updated Information can be found at:  
[www.reverepps.schoolidish.com](http://www.reverepps.schoolidish.com)  
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**aramark**  
STUDENT  
NUTRITION

This institution is an equal opportunity providers

