



# April 2024

## Revere Public Schools MIDDLE SCHOOL MENU

### Feed Your Body ~ Feed your Mind

	MON	TUES	WED	THURS	FRI
	<b>"Mouth Popping" 1</b> Popcorn Chicken Boat Fluffy Rice Pilaf Rainbow Grape Poppers 100% Fruit Juice Choice of Milk	<b>"Warm" 2</b> Bagel, Egg & Cheese Sandwich (V) Crispy Potato Puffs Juicy Orange Smiles Choice of Milk	<b>"Mama's" 3</b> Meatball Parmesan Sub Served on a Whole Grain Roll Steamed Broccoli Florets Fresh Cantaloupe Fruit Cup Choice of Milk	<b>"Tex-Mex" 4</b> Beef & Cheese Nachos Served with Shredded Lettuce and Salsa Mexi-Bean Salad Ruby Red Apple Choice of Milk	<b>"Pizzeria Style" 5</b> Slice of Pizza (V) Garden Salad Three Bean Salad Juicy Plump Grapes Choice of Milk
	<b>"BBQ" 8</b> Chicken Dinner Corn Bread Poppers Sweet Buttered Corn Apples Slices Choice of Milk	<b>"Yummy" 9</b> Pizza Crunchers (V) Crispy Potato Puffs 100% Fruit Juice Choice of Milk	<b>Early Release 10</b> Day Grab & Go Prepared for you as you exit school	<b>"From The Grill" 11</b> Juicy Cheeseburger (H) On a Whole Grain Bun Grape Tomato Poppers Fresh Pineapple Choice of Milk	<b>"Pizzeria Style" 12</b> Slice of Pizza (V) Garden Salad Three Bean Salad Fresh Fruit Salad Choice of Milk
	15	16	17	18	19
	~No School~ Enjoy your Break Rest Up				
	<b>"Sunday Dinner" 22</b> Crispy Chicken Drumstick Whole Grain Dinner Roll Creamy Mashed Potato Ruby Red Apple Choice of Milk	<b>"Breakfast For Lunch" 23</b> French Toast Sticks Maple Syrup Optional (V) Turkey Sausage Link Hash Brown Potato 100% Fruit Juice Choice of Milk	<b>"Crispy" 24</b> Chicken Filet Sandwich On a Whole Grain Bun Red Pepper Strips Hummus Dipping Cup Orange Smiles Choice of Milk	<b>"Crispy" 25</b> Chicken Tenders (H) Fluffy Whole Grain Rice Cucumber Coins Fresh Melon Cup Choice of Milk	<b>"Pizzeria Style" 26</b> Slice of Pizza (V) Garden Salad Three Bean Salad Fresh Fruit Salad Choice of Milk
	<b>"Jumbo" 29</b> Chicken Bites Whole Grain Dinner Roll Mashed Potatoes Granny Smith Apple Choice of Milk	<b>"Fan Favorite" 30</b> Mini Turkey Corn Dog Bites Sweet Buttered Corn Fresh Pineapple Choice of Milk	<b>K- Kosher Item</b> <b>H- Halal Item</b> <b>V - Vegetarian Option</b> <b>GF- Gluten Free Option</b> <b>Breakfast &amp; Lunch - 1<sup>st</sup> Meal Is Free To All Students</b>		

Menus are subject to change.



ENJOY FREE BREAKFAST EVERY DAY  
 Our Daily Grab & Go Breakfast Includes:  
 Whole Grain Items,  $\frac{1}{2}$  Cup of Fruit or 100% Fruit Juice  
 Additional Fruit or Veggie Options  
 and Fat-Free or 1% Milk Choice Are Available As Well  
 Whole Grain Items Include - Muffins, Cereal, Cereal Bars, Breakfast Breads  
 And A Variety of Whole Grain Snack Items  
 Updated Information can be found at:  
[www.reverepps.schooldish.com](http://www.reverepps.schooldish.com)  
 Please Visit us on Facebook- RPS Dinning Services

**aramark**  
 STUDENT  
 NUTRITION

This institution is an equal  
 opportunity provider