



May 2024

Revere Public Schools CITY LAB SCHOOL MENU

Feed Your Body ~ Feed your Mind

OFFERED EVERY DAY

Fresh Baked Pizza

Crispy Chicken Breast
Sandwich

Spicy Chicken Breast
Sandwich

Jammie (V)
Sunbutter & Jelly Sandwich

Yogurt Banana Split Boat (V)
Golden Banana topped with
Yogurt, Granola, and Fresh
Berries

Power Pack Bento Box
(V) (GF)
Hummus Dipping Cup, Cheese
Cubes, Baked Scoops, Baby
Carrots Sticks/ Cucumber or
Tomatoes

Crispy Chicken Salad
Romaine, Shredded Carrots,
Grape Tomato, Cucumber, &
Shredded Cheese
Served with a Whole Grain
Snack

Deli Sandwich of the Day
Tuna (V) or Turkey on a Bulky
Roll or Wrap
with Lettuce, Tomato & Cheese
Served with a Whole Grain Snack

Fun Lunch Bento Box (V)
Fruit Yogurt Cup, Cheese Cubes,
Graham Crackers and Grapes

Nacho Kit (V)
Cheese Dipping Cup, with a bag of
Scoops and Salsa

Antipasto Bento Box
Deli Wheels, Cheese Cubes,
Crackers and Fresh Fruit

Fresh Fruit Parfait
(V)

Every meal comes complete with
Fruit, and Milk
Fruit & Veggies May Include:
Carrots, Cucumber, Tomatoes,
Celery Sticks, Three Bean
Salad, Fresh Fruit, Fruit Cups,
Raisins, 100% Fruit Juice and
more!

When possible, we will purchase
locally and source out farm to
table ingredients

Milk Choices Include:
1% White
Low-Fat Chocolate

MON	TUES	WED	THURS	FRI
K- Kosher Item H- Halal Item V - Vegetarian Option GF- Gluten Free Option Breakfast & Lunch - 1st Meal Is Free To All Students				
		1 "Tex-Mex Tacos" Beef Taco Meat, Cheese, Shredded Lettuce and Salsa Two Soft Shell Tacos Mexi-Bean Salad Mixed Berry Fruit Cup Choice of Milk	2 "General Tso" Asian Popcorn Chicken Served Over Whole Grain Rice Steamed Fresh Broccoli Fresh Honeydew Fruit Choice of Milk	3 "Personal" Pan Pizza (V) Garden Salad Three Bean Salad Juicy Plump Grapes Choice of Milk
6 "Mouth Popping" Popcorn Chicken Boat Fluffy Whole Grain Rice Sweet Buttered Corn 100% Fruit Juice Choice of Milk	7 "Warm" Bagel, Egg & Cheese Sandwich (V) Crispy Potato Puffs Orange Smiles Choice of Milk	8 "Mama's" Meatball Parmesan Sub Served on a Whole Grain Roll Tomato Poppers Fresh Cantaloupe Choice of Milk	9 "Tex-Mex" Beef & Cheese Nachos Served with Shredded Lettuce and Salsa Optional (V) Celery Sticks Fresh Fruit Medley Choice of Milk	10 "Pizzeria Style" Slice of Pizza (V) Garden Side Salad Three Bean Salad Juicy Plump Grapes Choice of Milk
13 "Crispy" Chicken Tenders Corn Bread Poppers Sweet Buttered Corn Apple Slices Choice of Milk	14 "Yummy" Pizza Crunchers (V) Crispy Potato Puffs 100% Fruit Juice Choice of Milk	15 Early Release Day Grab & Go Prepared for you as you exit school	16 "From The Grill" Juicy Cheeseburger (H) On a Whole Grain Bun Crisp Baby Carrot Sticks Fresh Berry Cup Choice of Milk	17 "Pizzeria Style" Slice of Pizza (V) Garden Side Salad Three Bean Salad Juicy Plump Grapes Choice of Milk
20 "Jumbo" Chicken Bites Whole Grain Fluffy Rice Cucumber Coins Mandarin Orange Fruit Cup Choice of Milk	21 "Fishing Around" Crispy Fish Sticks Corn Bread Poppers (V) Crispy Potato Puffs Orange Smiles Choice of Milk	22 "Crispy" Chicken Filet Sandwich On a Whole Grain Bun Red Pepper Strips Fresh Fruit Salad Choice of Milk	23 "Ball Park Frank" All Beef Hot Dog (K) On a Whole Grain Bun Boston Baked Beans Fresh Pineapple Choice of Milk	24 "French Bread Pizza" (V) Baby Spinach Salad w/ Strawberries Three Bean Salad Fresh Cantaloupe Choice of Milk
27 No School Today	28 "Breakfast For Lunch" French Toast Sticks Maple Syrup Optional (V) Turkey Sausage Link Hash Brown Potato 100% Fruit Juice Choice of Milk	29 "Homemade" Macaroni & Cheese (V) Cucumber Coins w/ Hummus Dipping Cup Fresh Fruit Medley Choice of Milk	30 "Crispy" Chicken Tenders (H) Fluffy Whole Grain Rice Grape Tomato Poppers Fresh Honeydew Melon Choice of Milk	31 "Pizzeria Style" Slice of Pizza (V) Garden Side Salad Three Bean Salad Juicy Plump Grapes Choice of Milk

Menus are subject to change.

ENJOY FREE BREAKFAST EVERY DAY
Our Daily Grab & Go Breakfast Includes:
Whole Grain Items, ½ Cup of Fruit or 100% Fruit Juice
Additional Fruit or Veggie Options
and Fat-Free or 1% Milk Choice Are Available As Well
Whole Grain Items Include - Muffins, Cereal, Cereal Bars, Breakfast Breads
And A Variety of Whole Grain Snack Items
Updated Information can be found at:
www.reverepps.schoolidish.com
Please Visit us on Facebook- RPS Dinning Services

aramark
STUDENT
NUTRITION

This institution is an equal
opportunity provider

Powering
potential.

